

YOUTH LIFE

Youth Life is a youth advisory council that informs, discusses and provides recommendations to services, programs and initiatives relating to mental health and substance use.

Youth Life is comprised of 8 youth between the ages of 12 – 24. Members come from diverse cultural backgrounds and have varied life experiences. They all share a common passion for addressing mental health issues affecting youth in our community.

The group meets monthly on Tuesday evenings at the Sister Margaret Smith Centre to provide consultations and discuss any ongoing commitments or projects.

Youth Life is available to provide a youth perspective through consultations, working groups, committee meetings and conferences. Organizations can request a consultation by completing a brief survey at the following Survey Monkey link:

<https://www.surveymonkey.ca/r/QZ8B7F6>



Please allow up to 5 business days for a response to any consultation requests. Questions can be directed to Youth Life's coordinator, Marina Read at mread@childrenscentre.ca.