

# Need someone to talk to? We're here to help.



The Walk-In Counselling Clinic provides **quick access to single-session counselling services** to people of all ages, on a first come, first served basis, at no cost to the participant.

## Talk to one of our professional counsellors.

Wednesdays 12 noon-6:30pm at the following locations:

*(no clinic 5<sup>th</sup> Wednesday)*



**1<sup>st</sup> & 3<sup>rd</sup> Wednesday Each Month**  
THUNDER BAY COUNSELLING  
*544 Winnipeg Avenue*

Both  
locations  
open to all  
ages.



**2<sup>nd</sup> & 4<sup>th</sup> Wednesday Each Month**  
CHILDREN'S CENTRE THUNDER BAY  
*283 Lisgar Street*

**To call-in, dial: 807-700-0090** *Services en français disponibles.*

